

PAIN & DISABILITYSM

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Scoliosis - GENERAL

What is this mystery problem?

Scoliosis is curvature of the spine to the side, with twisting (something like a corkscrew).



Figure 1. Typical appearance of scoliosis: sideward curvature of spine and one prominent shoulder blade in an adolescent girl.

Scoliosis usually appears in late childhood or the early teens.

Treatment:

1. Physical Medicine and Rehabilitation
2. Orthosis - A brace
3. Surgery - A bone-fusion operation

Diagnostic Aids:

- Scoliotic Series X-Rays.

