

PAIN & DISABILITYSM

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Neck and Upper Arm Pain

Pain in the neck, the head, or the interscapular area of the upper extremity (referred there from the neck) is second only to pain in the low back as a medical complaint.

Neck pain may be considered secondary to trauma or it may be appraised as unrelated to trauma. The type of trauma must also be defined. Conditions related to the neck, whether they are post-traumatic or unrelated to trauma, have many similarities but significant differences, and so their evaluation and their management must be clear.

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